

A message from our Executive Director

Much has happened since our last Annual Report in October 2022. It has been a year of returns, a year of firsts, but most importantly, a year of impact. That impact does not happen without the support of donors and sponsors that allow us to fund initiatives that broaden equity and access to healthcare. Thank you!

I intend this message to be brief as I want to leave as much space as possible for all the wonderful things that have happened since our previous Annual Report. From the record-breaking return of the Peterborough Butterfly Run, another sold out Tebey Golf Classic, launching our new GPHSF Charity Bonspiel, and much more. It has been an exciting and busy time. My hope is that this Annual Report gives you a better idea of what the Foundation is up to and is all about. I also hope it encourages you to support our mission whenever you may be able to. **- Vince Bierworth**



Peterborough Butterfly Run 2023

April 30th 2023 marked the return of the Peterborough Butterfly Run to a live in-person event, the first time that had happened since April of 2019. Support remained strong through our virtual runs, which is greatly appreciated. However, the excitement to return to an in-person event could be felt everywhere we turned. This was obvious right away when registration opened in February. There was an overwhelming amount of early sign ups and donations. The 2023 campaign started quick and didn't lose momentum. By the time we reached race day on April 30th, over 1000 people had signed up for either the 5km Run/Walk, the 1km Memorial Walk, or the 1km Kids Fun Run. With hundreds more joining them in Millennium Park to cheer them on.

The generosity of those participants, their families, friends, co-workers, and neighbours shone through as well. The 2023 Peterborough Butterfly Run raised a record setting **\$106,000** to support families and individuals who have experienced a loss during pregnancy, the loss of a child, or are unable to conceive.



The top three fundraising teams were Team Benjamin Moffatt, Team Orangetheory Fitness and Team Jessica Dalliday. The top 3 individual fundraisers were Cody Welton, Danielle Mac Lean and Lauren McDonald. Also, a huge thank you to Mike Dalliday for agreeing to be the guest speaker at the event. Mike shared with everyone the story of the loss of his wife Jessica and daughter Angeline, and how he, along with his 4-year-old daughter Rachel, have been managing since this devastating loss. Everyone was very moved by his story and the hope that Mike was able to bring.

It was a wonderful return to the live run and great to feel the fellowship, support, and comradery of the crowd, which is what the event has always been about. No matter what format the event has taken, there are so many that support its mission. For that we are very grateful. For more about the Peterborough Butterfly Run and to donate, visit www.PTBOButterflyRun.ca

Thank you to our Board of Directors

Theresa Beebe Treasurer, **Scott Cockburn** Director, **Laurie Downey** Director, **Catherine Johnston** Ex-Officio, **Alix Kempf** Chair, **Judy Ruttle** Director, **Todd Sargent** Past Chair, **Meryn Steeves** Vice Chair

GPHSF Staff

Vince Bierworth - Executive Director
Susan Owen - Donor Relations and Marketing Coordinator



Our Vision

As a non-profit Foundation our vision is to fund and support programs that positively impact the social determinants of health. By partnering with the Peterborough Family Health Team and other community based organizations, we can best support the evolving health needs of Peterborough City and County.

This allows us to work with partners in fostering awareness surrounding health promotion while also raising vital funding for initiatives that broaden equity and access to healthcare.



Tebey Golf Classic

What has become an annual event that so many people look forward to each spring, the Tebey Golf Classic was back June 1st, 2023, at Wildfire Golf Club. A sell out tournament within minutes of going on sale, proceeds from this year's event again supported youth mental health through YES Shelter for Youth and Families and Peterborough Youth Services. It was a beautiful day on a gorgeous course with a group of fantastic people. Golfers took part in games such as Longest Marshmallow, Closest to the Net, Planko, Putt-For-Cash among many more fun activities. Once the evening came on, golfers and volunteers were treated to a surprise performance from Canadian Country Music Hall of Fame Member Jason McCoy, then a special set from our tournament namesake, Tebey.

Thanks to all our golfers, sponsors and donors, \$24,000 will be donated to the two charities to support youth mental health. We look forward to hosting the 8th Annual Tebey Golf Classic at Wildfire Golf Club in late May or early June 2024. Find out more and donate at www.GPHSF.ca.



Darkness To Light

GPHSF hosted the 2nd Annual Darkness To Light, for community members impacted by suicide and overdose, Wednesday, December 21st 2022 at Rogers Cove. Darkness to Light is an outdoor sunrise gathering, marking brighter days ahead after the solstice, which is the day with the smallest amount of daylight. In partnership with Hospice Peterborough, donations to the event supported Hospice's Suicide Bereavement work. Julie Brown led the group with a message of support and moment of silence as the sunrise occurred over Little Lake. The event was free to attend thanks to the support of Seven Hills Developments.



Connect With Us

Facebook: GPHSF, Your Family Health Team Foundation

Twitter (X): @GPHSF

Instagram: @GPHSFfoundation

Join our email list at www.GPHSF.ca



GPHSF Charity Bonspiel

Thank you to all of our curlers, sponsors, the Peterborough Curling Club and The Stone House for your support of the 1st GPHSF Charity Bonspiel in partnership with Imprinted Apparel Store on January 21st, 2023. It was a great day and great time, with over \$3,000 in prizes given out by Imprinted Apparel Store, plus over \$250 in cash given away with the Ruttle Group Curl-The-Button Challenge and our Trivia Challenge.

Funds raised from this event will continue our mission to broaden health equity and access to healthcare for the residents in Peterborough City and County. Funds will support our partnership with the Peterborough Family Health Team, along with other community organizations we work with.

We look forward to hosting the 2nd Annual GPHSF Charity Bonspiel in partnership with Imprinted Apparel Store February 17th, 2024, at Peterborough Curling Club. Registration details can be found at www.GPHSF.ca



The Peterborough Family Health Team (PFHT) is our primary funding partner. We share office space at 185 King Street and work collaboratively on several initiatives. In our previous fiscal GPHSF provided \$65,280 in funding to PFHT. This includes;

Compassion Fund - This fund can be accessed by clinicians to directly support their patients and address barriers to care that the patient may be encountering. This funding can be transformative for a patient's health outcome, providing equipment they may not be able to get otherwise, fresh food, or even just a ride to a very important medical appointment. It allows the clinicians of the Peterborough Family Health Team to do more to support their patients.

Brain FHT and Clinician Education – GPHSF was happy to support Brain FHT once again this year through the Dr. Steve Senior Memorial Fund. This yearly marquee event hosted by the Peterborough Family Health Team aims to bring healthcare professionals together for a day of education focused on many different topics and issues relevant to the medical landscape in the Peterborough area.

PACA - GPHSF actively supports Concussion Education in our community, primarily through PACA (Peterborough Athletics Concussion Awareness), in conjunction with the Peterborough Family Health Team, with funding provided by H.O.P.E. The purpose is to increase awareness of concussions to Peterborough athletes to positively contribute to the Removal, Prevention, Management, and Recognition of concussions in sport. Many resources have been provided to athletes, coaches, parents and others involved in Youth sport to raise awareness and understand what to do if a concussion is suspected, including the Docu-Series Recognize, Remove, Manage, Prevent, available now at www.PACA.Health.



GPHSF, Your Family Health Team Foundation provided \$9,730 in funding to help launch the Peterborough Newcomer Health Clinic (PNHC). A one year pilot project, the project aims to support Peterborough-based immigrants and refugees who have recently arrived in Canada to transition to the Canadian health care system. These unattached patients will receive basic

health care services for up to 6 months and leave the project with a medical health profile, referrals to appropriate specialists and guidance on how to continue to access health care services. This is a joint project of the New Canadians Centre, Dr. Madura Sundareswaran and the Peterborough Family Health Team.

GPHSF GIVING GUIDE

GPHSF, Your Family Health Team Foundation funds a wide variety of healthcare projects year round in our community. Below are just a few of the initiatives we support. We are asking for your support to continue our mission of broadening health equity and access to healthcare. For more details visit www.gphsf.ca/gphsfgivingguide/



The **Compassion Fund's** directive is to support patients in health equity, providing such resources as blood pressure cuffs for home readings, fresh food boxes, assisting with medical supplies not covered by OHIP, providing transportation to medical appointments, among other needs. This funding can be accessed by clinicians to directly support their patients and address barriers to care that the patient may be encountering.



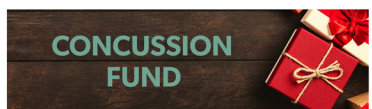
Although the run happens each spring, the work of the **Peterborough Butterfly Run** committee and Partners in Pregnancy Clinic happens all year. The Fund, and run, supports individuals and families who have experienced a loss during pregnancy, the loss of a child, or are unable to conceive. Funds raised are dedicated to creating support for these individuals and families through resources such as bereavement kits and lending libraries, as well as educational opportunities for local healthcare providers to better meet their patients needs.



Our flagship fundraiser for **Youth Mental Health** is the annual Tebey Golf Classic, however donations come in year-round to support our community. Donations have supported such things as the YES Shelter Homelessness Diversion program and supported Peterborough Youth Services Community Response Team, among many other services directed at supporting Youth in our community.



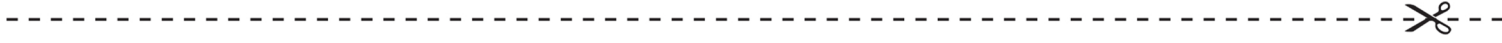
Part of the original mandate of the Foundation when it was created by the Sisters of St. Joseph in 1985 was to support **Senior Care** within the Peterborough area community. Over the years we've been able to provide funding for equipment to assist with mobility issues, blood pressure monitors, oximeters and hearing amplified headsets, support INR Stroke Prevention clinics, Mental Health programming and continuing education for local physicians.



We actively support **Concussion Education** in our community, primarily through PACA (Peterborough Athletics Concussion Awareness), in conjunction with the Peterborough Family Health Team. The purpose is to increase awareness of concussions to Peterborough athletes in an effort to positively contribute to the Removal, Prevention, Management, and Recognition of concussions in sport.



Established in 2013, the **Dr. Steve Senior Memorial Fund** for Continuing Education provides funding for educational events hosted by the Peterborough Family Health Team. Dr. Senior was passionate about providing continuing education opportunities for physicians and healthcare professionals in the Peterborough and surrounding area to help provide better care for their patients.



You can count on my support! I am enclosing a gift of: \$30 \$50 \$100 \$150 OTHER _____

Cheque Visa Mastercard American Express I would like to become a monthly donor

Card Number _____ Exp. Date _____ CVV (Required) _____

I would like to support: COMPASSION FUND PETERBOROUGH BUTTERFLY RUN SENIOR CARE FUND
 YOUTH MENTAL HEALTH DR. SENIOR MEMORIAL FUND CONCUSSION FUND GENERAL/WHERE NEEDED

Full Name _____ Telephone _____

Address _____ City _____ Postal Code _____

Email _____

Charitable Registration Number
888118247RR0001



To make a secure online donation visit www.GPHSF.ca/Donate
 For assistance in donating publicly traded shares or legacy giving, please contact us:
 185 King St, 5th Floor, Peterborough ON, K9J 2R8. 705 740 8074 ext. 300, info@GPHSF.ca.