

After volunteering in different capacities for nearly 10 years with the GPHSF, Your Family Health Team Foundation, I have seen the impact the Foundation can have on our community. Through our many partnerships with other community organizations and the Peterborough Family Health Team, we've been able to continue to help break down barriers to care and support those who need it most, even through some very difficult times.



In December of 2021, our long time Executive Director Laura Kennedy announced that she would be leaving the Foundation to pursue new and exciting opportunities for herself and her family. I'd like to take a moment to thank Laura for her service and congratulate her on her accomplishments with the Foundation. The success and impact the Foundation has had over the past six plus years is in no small part due to the work Laura put in.

In February of 2022, I accepted the role of Executive Director with the Foundation. After working for 15 years in local media, it was a transition that took a lot of careful thought, but the opportunity to help continue the impact that the Foundation is having in our community was an exciting one. Thank you to Susan Owen and our Board of Directors for assisting me in the transition.

As we move towards 2023, I am looking forward to rekindling old partnerships and fundraising efforts that have been put on hold, as well as introduce new efforts and expand existing campaigns to help as many people as we can. It's going to be a busy and exciting time. This year's Annual Report is designed to not only give you an idea of what we've been up to, but also give you a look at where we are going. Together we can make a difference in bridging gaps in care. We sincerely appreciate your support.

Vince Bierworth, Executive Director



TEBEY

— GPHSF —

GOLF CLASSIC

After only being able to do a partial event in 2021, the **Tebey Golf Classic** returned to a full golf tournament in 2022 at its new location; Wildfire Golf Club. The enthusiasm for the event was tremendous with teams selling out in 3 weeks. There was an immense amount of excitement building up to the tournament day on June 2nd. This year, the tournament had dual recipients, with **Peterborough Youth Services** and **YES Shelter For Youth and Families** both receiving proceeds from the event. Our tournament guests were treated to a fantastic lunch and dinner, played games such as Putt-For-Cash, participated in Blackjack and a canoe chipping challenge to win concert tickets, all while enjoying the beautiful scenery of

Wildfire Golf Club. They were then surprised with a performance from up and coming Country star Jason Benoit, followed by Tebey performing an intimate acoustic show featuring all of his fan favourites for nearly 45 minutes, as the sun set over Stoney Lake. It was a day to remember and we look forward to hosting the 7th Annual tournament at Wildfire Golf Club in late May or early June 2023.

Thank you to our dedicated Board of Directors

Alix Kempf, Chair

Meryn Steeves, Vice Chair

Theresa Beebe, Treasurer

Judy Ruttle, Director

Scott Cockburn, Director

Todd Sargent, Past Chair

Catherine Johnston, Ex-Officio

We are always looking for volunteers willing to share their expertise with us to help serve our community. If you'd like to find out more please email Vince@GPHSF.ca or visit www.GPHSF.ca



PETERBOROUGH BUTTERFLY RUN

The **Peterborough Butterfly Run** was another resounding success. The event raised over \$34,000 to support families in our community. Funds raised at the event have been used to provide ongoing specialized education in Perinatal Bereavement Care to healthcare providers across Peterborough City and County, in partnership with the Partners In Pregnancy Clinic (PiPC). They have also been used to establish more than 10 lending libraries for individuals and their families located across Peterborough City and County, as well as the development of bereavement kits for families and individuals who experience early and later pregnancy loss and infant loss. Our aim is to return to an in-person run in the spring of 2023. Look for more details in February. To support the Butterfly Run, please visit GPHSF.ca, click Donate, and select Butterfly Run from the menu.



The **H.O.P.E.** Bursary in honour of Steve Montador was established to support students in the Peterborough area who are transitioning from high school to college/university that are suffering the long-term effects of a sports-related concussion and require a reduced academic course load as result of injury. The 2022 recipient is Eliza Graham, pictured above with her father David, and H.O.P.E. (Helping Others Participate Equally) members Mike Martone and Chad Cavanagh. Applications for the 2023 Bursary will be open in the spring through www.GPHSF.ca



To coincide with Rowan's Law Day in Ontario, **PACA (Peterborough Athletic Concussion Awareness)** released its four-part youth sport concussion educational documentary series called Recognize, Remove, Manage and Prevent. Featuring content primarily from Peterborough area athletes, medical staff, doctors, and researchers, the documentary series

purpose is to be an educational and awareness resource for parents, coaches and anyone who is involved in youth sports. These are free resources and we encourage anyone who is involved in youth sport to take advantage of them and learn more about the impact of concussions. Visit www.PACA.Health to do so. To support concussion education and awareness in our area, visit www.GPHSF.ca, click Donate, and select Concussion from the menu.



On December 21st (Winter Solstice) we held Darkness to Light with **Hospice Peterborough**. It was an outdoor sunrise gathering held at Rogers Cove for anyone impacted by suicide and overdose. An art installation created by Lee Higginson (left) called Frayed/Bound, which involves messages to loved ones who died by suicide and overdose, was unveiled in July. The event raised \$1,455 in donations for Hospice's suicide bereavement programs.



We were happy to be part of securing \$15,000 in funding to support the **YWCA Nourish Project**. One in two woman-led households in our region is struggling to put healthy food on the table. As a result, mothers are compromising the quality and quantity of food they eat, to provide their children with as much food as possible. In a recent survey of Nourish participants, over 86% of respondents noted that they experience depression or other mental health challenges (particularly anxiety and/or PTSD) due to food insecurity. At the same time, 79% stated that their food boxes help them manage those health conditions. One participant told us that her food box "improves her mental health and gives [her an] incentive to cook; it's fresh and it's nourishing." Find out more about the program at www.YWCAPeterborough.org/food.

Upcoming Events

GPHSF Charity Borspiel in partnership with Imprinted Apparel
January 21st 2023 at Peterborough Curling Club

Gaskell Memorial Cup presented by H.O.P.E.
March 25th 2023

Peterborough Butterfly Run
Late April 2023

Tebey Golf Classic at Wildfire Golf Course supporting Youth Mental Health
Late May/Early June 2023

A Brief History of GPHSF, Your Family Health Team Foundation and A Spotlight on The Peterborough Family Health Team.

GPHSF, Your Family Health Team Foundation (originally St. Joseph’s Care Foundation) has long and deep roots within the Peterborough community. It was originally part of St. Joseph’s Health Centre which was founded in 1890, based in East City, and one of the two hospitals in Peterborough for a long period of time. A Foundation for the Hospital was created in 1985 named St. Joseph’s General Hospital Foundation. In the 1990’s a directive was given by the Province of Ontario’s Health Services Restructuring Commission to close the facility as a new centralized regional hospital was being planned. Once this directive was given, a plan was needed to decide what would be done with the remaining funds the hospital Foundation had in trust. Part of the funds were directed to create St. Joseph’s Care Foundation, focused on patient care needs in our community. In 2005, the Foundation expanded its vision to support partnerships focused on bridging gaps in community-based health care. Not long after that it developed a partnership with the Peterborough Family Health Team (then known as Primary Health Care Services of Peterborough) in support of community-based healthcare services. The Foundation rebranded as Greater Peterborough Health Service Foundation, later to be named GPHSF, Your Family Health Team Foundation.

Although the Foundation works with many community partners to bridge gaps in care, our focus remains on community-based health care services and our partnership with the Peterborough Family Health Team. **The Peterborough Family Health Team (PFHT)** was one of the first Family Health Teams in Ontario, providing a team-based approach to patient care, and supports family doctors working in the Family Health Organizations (FHO). PFHT also supports interprofessional healthcare providers including Mental Health Clinicians, Nurse Practitioners, Pharmacists, Physician Assistant’s, Registered Dietitians, Registered Nurses, and Registered Practical Nurses. This approach is designed to create a more integrated healthcare system that meets the needs of patients. PFHT is itself a Not-For-Profit, funded by Ministry of Health and Long-Term Care, and supported by GPHSF, Your Family Health Team Foundation.

Although GPHSF and PFHT have collaborated on many projects over the years, one of our main supports is providing funding to the **Compassion Fund**. The directive of the Compassion Fund is to support patients in health equity, providing such resources as blood pressure cuffs for home readings, fresh food boxes, assisting with medical supplies not covered by OHIP, providing transportation to medical appointments, among other needs. This funding can be accessed by clinicians to directly support their patients and address barriers to care that the patient may be encountering. This funding can be transformative for a patient’s health outcome, providing equipment they may not be able to get otherwise, fresh food, or even just a ride to a very important medical appointment. It allows the clinicians to do more to support their patients.

With this year’s annual report we are asking you to donate to the Compassion Fund to help GPHSF and PFHT’s joint mission of bridging gaps and breaking down barriers to access to care.

YES! You can count on my support.

Charitable Registration No. 888118247RR0001

I am enclosing a gift of: \$25 \$50 \$100 \$200 Other: _____

via Cheque Enclosed Visa MasterCard American Express

Card # _____ Exp: _____ CVV (Required): _____

I would like to become a monthly donor Please deduct the amount specified from my card

Full Name: _____ Tel: _____

Address: _____ City: _____

Postal: _____ Email: _____

We would like to share a special THANK YOU to Peterborough City and County Healthcare Providers

GPHSF, Your Family Health Team Foundation would like to thank all of the healthcare providers across Peterborough City and County. We would particularly like to recognize our primary care providers of the Peterborough Family Health Team. Along with the Family Physicians listed below, we are also very grateful for our Nurses, Nurse Practitioners, Pharmacists, Mental Health Clinicians, Registered Dietitians, Medical Residents and Administrative Staff that support care in our community.

849 Alexander Crt.

Dr. Auyeung
Dr. Shahbaz
Dr. Webster

Brookdale Clinic

Dr. Archibald
Dr. Kathiravelu
Dr. Millar
Dr. Neville

Be Well Centre

Dr. Lokanathan
Dr. Thomas

Buckhorn

Dr. Ferrier
Dr. Mallory

Burnham

Dr. Berg
Dr. Hicks
Dr. Jacka
Dr. Matheson
Dr. Turner
Dr. Vanderkamp

270 Charlotte St.

Dr. Courtney
Dr. Dallaire
Dr. Lindsay

1199 Chemong Road

Dr. Crane

Chemong Medical Centre

Dr. Cuppy
Dr. Motyer
Dr. Shannon

Curve Lake

Dr. Mallory

George St.

Dr. R Friesen
Dr. Messervey

Lansdowne St. W

Dr. Nichols

Medical Centre

Dr. Almakadma
Dr. Belanger
Dr. Braun
Dr. Carr
Dr. Comerford
Dr. Corbeil (PIPC)
Dr. Curtin
Dr. Gifford
Dr. Holwell
Dr. Hudson
Dr. Khan
Dr. Lunn
Dr. Mak (PIPC)
Dr. McLaughlin
Dr. Neville
Dr. Richard
Dr. Sokolon
Dr. Vilcini (PIPC)
Dr. Waghmare
Dr. Wheeler

Millbrook

Dr. Robinson
Dr. VanLoon

Morton Clinic, Lakefield

Dr. Arthur
Dr. Boyes
Dr. Houpt
Dr. Hughes
Dr. Hurst
Dr. Majeed
Dr. Munoz
Dr. Wilson

Norwood

Dr. Keogh

North Kawartha Health

Centre
Dr. Hasson

Peterborough Clinic

Dr. Ahee
Dr. Almakadma
Dr. Atfield
Dr. Barber
Dr. Bartlett
Dr. A Binette
Dr. N. Binette
Dr. Brien
Dr. Cameron
Dr. DeLuna
Dr. J Friesen
Dr. Lehmann-Bender
Dr. Mclsaac

Dr. Newport
Dr. Pallett
Dr. Romanowski
Dr. Taylor
Dr. Uy
Dr. Wesolowski
Dr. Zaniewski

Stewart Street

Dr. Lawson

Times Square

Dr. Bowley
Dr. D'Souza

Turnbull Medical Building

Dr. Eldridge
Dr. Fraser (PIPC)
Dr. Gow (PIPC)
Dr. Heidman
Dr. Lem
Dr. Maltman
Dr. Moore
Dr. Morelli (PIPC)
Dr. Post
Dr. Roman (PIPC)
Dr. Sundareswaran
Dr. Whiting
Dr. Winning (PIPC)



To support healthcare provider education for your Family Physician or Allied Healthcare Professional, please visit www.gphsf.ca, click Donate and select Dr. Steve Senior Memorial from the menu. Let us know your healthcare provider's name and we will send them an appreciation card on your behalf.